

TRG Tremor Rating Scale

Name _____

Date _____

- 1. Head: **0** none, **1** <0.5cm, **2** 0.5-2.5 cm, **3** 2.5-5.0 cm, **4** >5.0 cm
- 2. Face: **0** none, **1** barely perceptible, **2** mild, **3** moderate (obvious), **4** severe (distorting)
- 3. Voice: **0** none, **1** "aaah eeh" only, **2** mild speech, **3** obvious speech intelligible, **4** breaks
- 4 Arms:

	L Posture	R Posture	L Wing	R Wing	L FTN	R FTN
0 none	_____	_____	_____	_____	_____	_____
1.0 barely seen	_____	_____	_____	_____	_____	_____
1.5 0.5 <1.0 cm	_____	_____	_____	_____	_____	_____
2.0 1-3 cm	_____	_____	_____	_____	_____	_____
2.5 3-5 cm	_____	_____	_____	_____	_____	_____
3.0 5-10 cm	_____	_____	_____	_____	_____	_____
3.5 10-20 cm	_____	_____	_____	_____	_____	_____
4.0 >20 cm	_____	_____	_____	_____	_____	_____

5a. Legs Extended: (only score the highest single score)

Left: **0** none, **1** barely perceptible, **2** mild, **3** moderate <5 cm, **4** severe >5 cm

Right: **0** none, **1** barely perceptible, **2** mild, **3** moderate <5 cm, **4** severe >5 cm

5b. Heal to Shin:

Left: **0** none, **1** barely perceptible, **2** mild, **3** moderate <5 cm, **4** severe >5 cm

Right: **0** none, **1** barely perceptible, **2** mild, **3** moderate <5 cm, **4** severe >5 cm

6. Standing: **0** none, **1** barely perceptible, **2** mild with normal balance, **3** moderate with impaired balance from tremor, **4** severe and unable to stand from tremor

7. Spirals: **0** none, **1** slight tremor, **2** obvious, **3** parts unrecognizable **4** unrecognizable
Left (0-4) _____ Right (0-4) _____

8. Cursive Handwriting: **0** none, **1** slight tremulous, **2** obvious tremor but legible, **3** marked tremor and some words illegible, **4** mostly illegible "This is a sample of my best handwriting" _____

9. Dot approximation:

0 no, **1** barely, **1.5** <1.0 cm, **2.0** 1-3 cm, **2.5** 3-5 cm, **3.0** 5-10 cm, **3.5** 10-20 cm, **4.0** >20 cm

X

Right _____ Left _____

Total _____