



TETRAS VIDEO SCRIPT

10 SECONDS: VIDEO FROM WAIST UP SHOWING THE PLACARD

"We are going to do a standardized video. Do not try to suppress your tremor."

[PLACARD or IDENTIFICATION OPTIONAL DEPENDING ON PROTOCOL]



5 SECONDS OF ENTIRE BODY, SHOWING THE HANDS WHILE THEIR FOREARMS REST ON THE ARM CHAIRS OR LAP AND HANDS DANGLE LOOSELY.

"Just relax with your arms resting on the arm rests or on your lap, and lean forward slightly so your back is not touching the back of the chair"



MOVE CAMERA CLOSE TO JUST SHOW THE HEAD AND NECK IN FRAME

"We are going to look for any tremor in your head and face" 10 SECONDS

"Please turn your head all the way to the right and hold it" 5 SECONDS

"Please turn your head all the way to the left and hold it" 5 SECONDS

"Please turn your head back straight to look at the camera" 10 SECONDS

"Now move your eyes all the way to your right but keep your head centered" 5 SEC

"Now look with your eyes to the left" 5 SECONDS

"Now look back toward the camera and smile" 5 SECONDS

"Now close your eyes tightly" 5 SECONDS

"Open your eyes and open your mouth" 5 SECONDS

"Now purse your lips" DEMONSTRATE 5 SECONDS

"Please say "aaaaah" and hold it for at least 5 seconds"

"Please say "eeeeee" and hold it for at least 5 seconds"

"How do you spend your average day" LET THEM SPEAK A FEW SENTENCES



PULL THE CAMERA BACK SO THAT YOU VIEW MID TORSO TO THE TOP OF THEIR HEAD. TRY TO HAVE CAMERA FOCUS ON HAND RATHER THAN HEAD.

“Please put your right hand in front of you with your palm down and fingers spread slightly apart” [DEMONSTRATE] 10 SECONDS

“Next put your left hand in front of you with your palm down and fingers apart” [DEMONSTRATE] 10 SECONDS



“Now please put your right hand near your chin with your arm extended horizontally and fingers spread apart. [DEMONSTRATE] 20 SECONDS

“Now please put your left hand near your chin with your arm extended horizontally and fingers spread apart. [DEMONSTRATE] 20 SECONDS

CONFIRM ELBOWS ARE IN FRAME



MAKE SUBJECT EXTEND ARM COMPLETELY TO TOUCH FINGER OR DESIGNATED OBJECT CAREFULLY AND PRECISELY WITH THEIR INDEX FINGER. CONFIRM EVERYTHING IS IN FRAME AND NOT OBSTRUCTED, USUALLY SLIGHTLY LATERAL TO MIDLINE

“With your right hand touch the tip of my finger/ _____, and then touch the tip of your chin back and forth three times slowly [Demonstrate and emphasize care and precision. Do not allow them to perform rapid careless movements.] 4 REPETITIONS

“Now with your left hand touch the tip of my finger/ _____, then your chin back and forth three times.” 4 REPETITIONS



MOVE CAMERA TO VIEW FROM THEIR LOW ABDOMEN TO THEIR FEET. IT IS BEST TO VIDEOTAPE ABOUT 30 DEGREES FROM MIDLINE ON THE SIDE OPPOSITE THE LEG THAT IS BEING RAISED. SHOES SHOULD BE OFF BUT OK TO WEAR SOCKS/STOCKINGS

“Please lift your right leg so that your knee is straight, point your toes, and hold this posture for 5 seconds. [DEMONSTRATE] 5 SECONDS

MOVE CAMERA TO OPPOSITE SIDE

“Please lift your left leg so that your knee is straight, point your toes, and hold this posture for 5 seconds.” 5 SECONDS



PATIENT SHOULD LIE DOWN FLAT FOR HEAL-KNEE-SHIN MANUEVER. SHOES SHOULD BE OFF.

“Take your left heel, place it on your right knee, and very lightly and carefully move your heel up and down on your right shin slowly 3 times, from your knee to your ankle and back.” [CAN DEMONSTRATE]

“Now move your right heel very lightly up and down on your left shin 3 times, from your knee to your ankle and back.”



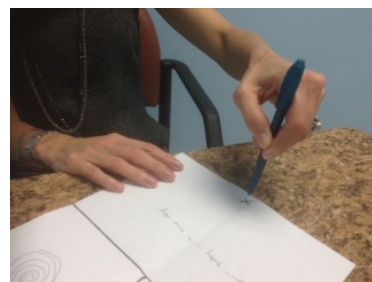
BRING TABLE, BALLPOINT PEN, AND PAPER, WITH PAPER DIVIDED INTO FOUR SECTIONS. SPIRALS CAN BE RECORDED FROM ROUGHLY STRAIGHT ANGLE. HOWEVER, HANDWRITING SHOULD BE REORDED OPPOSITE SIDE WHILE PATIENT WRITES OR DRAWS (i.e. IF RIGHT HANDED RECORD FROM LEFT OF PATIENT). CAPTURE ALL WRITING FROM THE FINGERS UP TO NEAR ELBOW. YOU CAN DEMONSTRATE AS YOU DESCRIBE TASKS

“First you will draw a spiral with your right hand. Hold the pen 1/3 from the bottom, and do not let you’re your hand or forearm touch the table or brace your arm any way while you draw. You can hold the paper down with the other hand. Start in the center and draw a spiral with the lines about one-half inch or one centimeter apart.”

“Now switch hands a draw a spiral with your left hand.”



“Now with your dominant hand, please write normally in cursive “This is a sample of my best handwriting. You can’t brace your hand or arm with your other hand, but you may use your other hand to hold the paper down.”



“Now please hold the pen as close to the X (POINT THAT YOU MARKED ON THE PAPER) as you can without touching it for 10 seconds. Hold the pen in the middle, ½ way from the bottom. You cannot let your hand or forearm touch the table, nor can you brace your arm in any way.

Now hold the pen above the X with the other hand for 10 seconds.”

AFTER COMPLETION, VIDEOTAPE THE PAGE WITH THE WRITING SAMPLES FOR 15 SECONDS AND/OR TAKE A STILL PHOTOGRAPH. MAKE SURE THE RIGHT AND LEFT SPIRALS ARE MARKED CORRECTLY. CONFIRM CAMERA IS FOCUSED ON THE CLOSE-

UP PAPER. IT IS OFTEN BEST TO VIDEOTAPE SPIRALS FIRST THEN THE WRITING SAMPLE TO GET LARGER VIEW OF EACH.



MOVE BACK TO FRAME THE WHOLE SUBJECT STANDING FROM HEAD TO FEET, (10 SECONDS)

“Please stand with your feet about a foot apart and your knees slightly flexed. Let your arms dangle at your sides.” [CAN DEMONSTRATE]



THEN ZOOM IN TO VIEW ONLY THE MID-THIGH TO FEET (10 MORE SECONDS)